



## PRE-OPERATIVE INSTRUCTIONS

- Please do not eat or drink after midnight the night before surgery or the morning of surgery. This includes coffee, gum, and candy. (Medicines that have been approved can be taken with a sip of water only.) The anesthesiologist will cancel your case if you fail to follow these instructions.
- If you have questions about the surgery or post-operative care, PLEASE write them down and bring them with you so they won't be missed.
- **PLEASE TAKE AN INDELIBLE MARKER AND WRITE "YES" ON THE BODY PART YOU ARE HAVING SURGERY ON** (Ex. If it is a finger, mark the specific finger(s) with the word "yes") It is not necessary to write "no" on the non-operative side, as this can cause confusion.
- **Please bring someone to drive you home.** In accordance with state law, we cannot allow you to drive yourself home due to anesthesia.
- Please make sure you have been contacted by the hospital or surgery center prior to coming in for surgery. If you have not been contacted by the day before surgery, please call our office @ 850-916-8480.
- If you have questions about which medications can be taken prior to surgery, please contact the hospital or surgery center as it is the determination of the anesthesia provider what should or should not be taken.
- If you are on a prescription blood thinning medication (Plavix, Coumadin, Predaxa, etc), please contact the prescribing doctor for instructions about medications when undergoing surgery. There may be special dosing instructions before surgery and immediately following surgery.
  - Aspirin- adult dose (usually stopped 7 days prior to surgery\*)
  - Aspirin- baby (OK to take up to the day of surgery)
  - NSAIDS- Ibuprofen, Aleve, Motrin, etc. (OK to take up to the day before surgery)
- **\*DO NOT STOP ANY PRESCRIPTION BLOOD THINNERS WITHOUT CONSULTING YOUR PHYSICIAN!**
- If you are taking herbal supplements or weight loss medications, anesthesia may require that you be off of them for 3 weeks before undergoing anesthesia. Let us know if you are taking any of these medications. Please be honest as these drugs can be deadly in combination with anesthesia.
- Our billing office will be contacting you to collect any copayments/coinsurance/deductibles due **PRIOR** to surgery. *(Please note that the surgeon's charges are separate from those of the facility and anesthesiologist.)*
- If you have any questions, concerns or doubts, please contact us!

**Please note that our office closes at noon on Fridays. If you are in need of prescription refills, please call before 11 am on Fridays to insure that we have time to address your needs before the weekend.**